

## EAP WORKING GROUP IN PROFESSIONAL COMPETENCIES: LITERATURE REVIEW READING LIST

### European Union

EU	Directive 2005/36/EC on Recognition of Professional Qualifications	121 pp	PDF
EU	European Qualifications (Health & Social Care professions) Regulations 2007	24 pp	HTML
EU	Guide for Users of the General System for the Recognition of Professional Qualifications (MARKT/D/8327/2001-EN)	18 pp	PDF
EU	User Guide: Directive 2005/36/EC 66 Questions; 66 Answers	40 pp	PDF
CEPLIS	Position of the European Council of the Liberal Professions (CEPLIS) on the Proposal for a Directive ... on Services in the Internal Market (COM (2004)2 final)	5 pp	PDF
CEPLIS	Skills & Competencies for mobility in a competitive Europe: EU report	66 pp	PDF
CEPLIS	Implementing Cards for the recognition of European professional qualifications	3 pp	PDF
CEPLIS	Common Values of the Liberal Professions in the EU	4 pp	MSWord

### Books

Sperry, L.	Core Competencies in Counseling and Psychotherapy	273 pp	Book
Sperry, L.	Highly Effective Therapy: Developing essential clinical competencies in Counseling & Psychotherapy	304 pp	Book
Kenkel, M.B. & Peterson, R.L. (eds)	Competency Based Education for Professional Psychology	286 pp	Book
Rodolfa, E.R.	Training & Education in Professional Psychology	70 pp	Edited Book

### Journal Articles

Holmes L.	Understanding Professional Competence: Beyond the limits of Functional Analysis	11 pp	Journal
Kaslow, N.	Competencies in Professional Psychology	7 pp	Journal
Sharpless B.A. & Barber J.P.	A conceptual and empirical review of the meaning, measurement, development, and teaching of intervention competence in clinical psychology	9 pp	Journal
Holmes, J., Mizen, S. & Jacobs, C.	Psychotherapy training for psychiatrists: UK and global perspectives	7 pp	Journal

Cornwall, P.L., Tees, E. & Valleys, W.	Adherence to the psychotherapy training requirements in the new training environment	.	Journal
Mellman, L.A.	How endangered is dynamic psychiatry in residency?	6 pp	Journal
Khurshid, K.A., Bennett, J.I., Vicari, S., Lee, K.L. & Broquet, K.E.	Residency Programs and Psychotherapy Competencies: A Survey of Chief Residents	6 pp	Journal
Mullen, L.S., Rieder, R.O., Glick, R.A., Lubert, B. & Rosen, P.J.	Testing Psychodynamic Psychotherapy Skills Among Psychiatric Residents: The Psychodynamic Psychotherapy Competency	6 pp	Journal
Louie, A.K., Coverdale, J. & Roberts, L.W.	Competency-Based Training: Where Will It Lead Us?	2 pp	Journal
Mellman, L.A. & Beresin, E.	Psychotherapy Competencies: Development and Implementation	4 pp	Journal
Summers, R.F. & Barber, J.P.	Therapeutic Alliance as a Measurable Psychotherapy Skill	4 pp	Journal
Miller, S.I., James H., Scully, J. & Winstead, D.K.	The Evolution of Core Competencies in Psychiatry	2 pp	Journal
Kupersanin, E.	APA, AADPRT Develop Model For Psychotherapy Competence	1 pp	Journal
Elizur, A., Kretsch, R. & Speiser, N.	Training in Dynamic Psychotherapy -- A Change in Self-Reported Competence	10 pp	Journal
Lehtonen, J.	Psychotherapy training for psychiatrists in Finland	1 pp	Journal
Strupp, H.H., Butler, S.F. & Rosser, C.L.	Training in Psychodynamic Therapy	6 pp	Journal
Bradley, J.R. & Olson, J.K.	Training Factors Influencing Felt Psychotherapeutic Competence of Psychology Trainees	4 pp	Journal
Celano, M.P., Smith, C.O. & Kaslow, N.J.	A competency-based approach to couple and family therapy supervision	9 pp	Journal
Newman, C.F.	Competency in conducting cognitive-behavioral therapy: Foundational, functional, and supervisory aspects	7 pp	Journal
Boswell, J.F., Nelson, D.L., Nordberg, S.S., McAlveavet, A.A. & Castonguay, L.G.	Competency in integrative psychotherapy: Perspectives on training and supervision	8 pp	Journal
Farber, E.W.	Humanistic-existential psychotherapy competencies and the supervisory process.	6 pp	Journal

Sarnat, J.	Key competencies of the psychodynamic psychotherapist and how to teach them in supervision.	7 pp	Journal
Falender, C.A. & Shafranske, E.P.	Psychotherapy-Based Supervision Models in an Emerging Competency-Based Era: A Commentary	6 pp	Journal
Farber, E.W. & Kaslow, N.J.	Introduction to the special section: The role of supervision in ensuring the development of psychotherapy competencies across diverse theoretical perspectives	2 pp	Journal
Orchowski, L., Evangelista, N.M. & Probst, D.R.	Enhancing Supervisee Reflectivity in Clinical Supervision: A Case Study Illustration.	17 pp	Journal
Burns, B.	Continuing Competency: What's Ahead	9 pp	Journal
Andermann, A. et al.	Core competencies for patient safety research: a cornerstone for global capacity strengthening	5 pp	Journal
Yager, J. Mellman, L., Rubin, E & Tasman, A.	The RRC Mandate for Residency Programs to demonstrate psychotherapy competency and residents: A debate.	11 pp	Journal
Stratton, P, Reibstein, J, Lask, J.	Competencies and occupational standards for systemic family and couples therapy	21 pp	Journal
Singh, R. & Asen, E.			
APA	Psychotherapy: Vol. 47; No. 1; March 2010	142 pp	Journal

### Other Articles

Schoonover, S.C.	Implementing Competencies: A best practices approach	100 pp	PDF
Dauphin, B	Letter on Competency for Psychologists	6 pp	MSWord
Yager, J. et al	Assessing Psychotherapy Competence: A beginning	3 pp	PDF
Manring, J. et al	Evaluating Competence in Psychotherapy	9 pp	PDF
Yager, J. et al	How competent are we to assess psychotherapeutic competence in psychiatric residents?	8 pp	PDF
Mohl, P.C.	Assessing Psychotherapy Competency (Letter)	3 pp	PDF
Karlinska-Nehrebecka, M.	Measurement of an integrative psychotherapist competence: Does competence of the psychotherapist influence patient's satisfaction?	42 pp	PPT
Force, A.P.T.	Final Report of the Task Force on Psychotherapy		Website page

**USA & UK Psychotherapy**

APA	Competency Assessment Toolkit for Professional Psychology Fact Sheets	43 pp	PDF
APA	APA Task Force on the Assessment of Competence in Professional Psychology: Final Report: October 2006	154 pp	PDF
ASPPB	Association of Professional Psychologists Boards	31 pp	Powerpoint
UKCP	2006 Report to DoH: Mapping of differential knowledge, understanding & skills	19 pp	PDF
UKPC	Professional Occupational Standards ... for Psychotherapy and Psychotherapeutic Counselling	61 pp	PDF

**UK Department of Health (DoH)**

UK DoH	Competencies required to deliver effective CBT for people with anx. & dep.	40 pp	PDF
UK DoH	CBT Competencies: Basic CBT Competencies	15 pp	PDF
UK DoH	CBT Competencies: Generic Therapeutic Competencies	13 pp	PDF
UK DoH	CBT Competencies: Specific Competencies	15 pp	PDF
UK DoH	CBT Competencies: Problem Specific Competencies	81 pp	PDF
UK DoH	CBT Competencies: MetaCompetencies	8 pp	PDF
UK DoH	Humanistic Psychological Therapies Competency Framework	6 pp	PDF
UK DoH	Humanistic Psychological Therapies: Clinicians Guide	32 pp	PDF
UK DoH	Humanistic Psychological Therapies: Service Users Guide	5 pp	PDF
UK DoH	Humanistic Psychological Therapies: Basic Competencies	6 pp	PDF
UK DoH	Humanistic Psychological Therapies: Generic Competencies	13 pp	PDF
UK DoH	Humanistic Psychological Therapies: Specific Competencies	6 pp	PDF
UK DoH	Humanistic Psychological Therapies: MetaCompetencies	3 pp	PDF
UK DoH	Psychoanalytic/Psychodynamic Competencies: Background	31 pp	PDF
UK DoH	Psychoanalytic/Psychodynamic Competencies: Service Users	5 pp	PDF
UK DoH	Psychoanalytic/Psychodynamic Competencies: Basic Competencies	16 pp	PDF
UK DoH	Psychoanalytic/Psychodynamic Competencies: Generic Competencies	13 pp	PDF
UK DoH	Psychoanalytic/Psychodynamic Competencies: Specific Competencies	8 pp	PDF
UK DoH	Psychoanalytic/Psychodynamic Competencies: MetaCompetencies	6 pp	PDF

UK DoH	Systemic Psychological Therapies: Clinicians Guide	32 pp	PDF
UK DoH	Systemic Psychological Therapies: Service Users Guide	5 pp	PDF
UK DoH	Systemic Psychological Therapies: Basic Competencies	6 pp	PDF
UK DoH	Systemic Psychological Therapies: Generic Competencies	13 pp	PDF
UK DoH	Systemic Psychological Therapies: Specific Competencies	4 pp	PDF
UK DoH	Systemic Psychological Therapies: Problem Specific Competencies	45 pp	PDF
UK DoH	Systemic Psychological Therapies: MetaCompetencies	2 pp	PDF
UK DoH	Supervision: Clinicians Guide	27 pp	rtf
UK DoH	Supervision: Service Users Guide	3 pp	rtf
UK DoH	Supervision Competencies: Generic	17 pp	PDF
UK DoH	Supervision Competencies: Specific	7 pp	PDF
UK DoH	Applications to Specific Models	13 pp	PDF
UK DoH	Supervision MetaCompetencies	1 pp	PDF

## UK 'Skills for Health'

### Psychological Therapies: National Occupational Standards

	Development Project: FAQ May 09	6 pp	PDF
	Cross Modality Perspective: July 2009	1 pp	PDF
	Briefing Sheet: Aug 2009	2 pp	PDF
	Digest of NOS for Psychological Therapies: March 2010	19 pp	PDF
Draft	NOS Psychological Therapies: PADT 1: Assess suitability	7 pp	MSWord
Draft	NOS Psychological Therapies: PADT 2: Engage the client	6 pp	MSWord
Draft	NOS Psychological Therapies: PADT 3: Formulation	5 pp	MSWord
Draft	NOS Psychological Therapies: PADT 4: Work with frame & boundaries	7 pp	MSWord
Draft	NOS Psychological Therapies: PADT 5: Maintain analytic focus	5 pp	MSWord
Draft	NOS Psychological Therapies: PADT 6: Unconscious communication	6 pp	MSWord
Draft	NOS Psychological Therapies: PADT 7: Unconscious dynamics	5 pp	MSWord
Draft	NOS Psychological Therapies: PADT 8: Unexpressed feelings	5 pp	MSWord
Draft	NOS Psychological Therapies: PADT 9: Medium for change	5 pp	MSWord

Draft	NOS Psychological Therapies: PADT 10: Manage difficulties	6 pp	MSWord
Draft	NOS Psychological Therapies: PADT 11: Manage emotional states	4 pp	MSWord
Draft	NOS Psychological Therapies: PADT 12: Termination	4 pp	MSWord
Draft	NOS CBT: CBT01: Assess client for CBT	5 pp	MSWord
Draft	NOS CBT: CBT02: Develop Treatment Plan	5 pp	MSWord
Draft	NOS CBT: CBT03: Engage with Client	5 pp	MSWord
Draft	NOS CBT: CBT04: Enable understanding	4 pp	MSWord
Draft	NOS CBT: CBT05: Foster & maintain alliance	4 pp	MSWord
Draft	NOS CBT: CBT06: Collaborate with client	5 pp	MSWord
Draft	NOS CBT: CBT07: Agree goals	4 pp	MSWord
Draft	NOS CBT: CBT08: Match structure & goals to client's needs	5 pp	MSWord
Draft	NOS CBT: CBT09: Plan & review assignments	5 pp	MSWord
Draft	NOS CBT: CBT10: Guide & modify behaviour	5 pp	MSWord
Draft	NOS CBT: CBT11: Conclude treatment	4 pp	MSWord
Draft	NOS Humanistic Therapies: HUM01: Explore possibilities	5 pp	MSWord
Draft	NOS Humanistic Therapies: HUM02: Determine focus	5 pp	MSWord
Draft	NOS Humanistic Therapies: HUM03: Understand approach	5 pp	MSWord
Draft	NOS Humanistic Therapies: HUM04: Space for exchange, learning & healing	4 pp	MSWord
Draft	NOS Humanistic Therapies: HUM05: Develop therapeutic relationship	5 pp	MSWord
Draft	NOS Humanistic Therapies: HUM06: Choose ways of working	5 pp	MSWord
Draft	NOS Humanistic Therapies: HUM07: Maintain authenticity	4 pp	MSWord
Draft	NOS Humanistic Therapies: HUM08: Diversity & difference issues	4 pp	MSWord
Draft	NOS Humanistic Therapies: HUM09: Understanding relational difficulties	5 pp	MSWord
Draft	NOS Humanistic Therapies: HUM10: Expression of feelings & emotions	5 pp	MSWord
Draft	NOS Humanistic Therapies: HUM11: Awareness of unconscious	5 pp	MSWord
Draft	NOS Humanistic Therapies: HUM12: Making sense of experiences	6 pp	MSWord
Draft	NOS Humanistic Therapies: HUM13: Manage conclusion	5 pp	MSWord
Draft	NOS Systemic Therapies: FST01: Undertake assessment	9 pp	MSWord
Draft	NOS Systemic Therapies: FST02: Explain rationale	6 pp	MSWord
Draft	NOS Systemic Therapies: FST03: Develop formulations	3 pp	MSWord

Draft	NOS Systemic Therapies: FST04: Engage other family members	8 pp	MSWord
Draft	NOS Systemic Therapies: FST05: Engage Children & Adolescents	9 pp	MSWord
Draft	NOS Systemic Therapies: FST06: Language difficulties	8 pp	MSWord
Draft	NOS Systemic Therapies: FST07: Promote productive relationships	9 pp	MSWord
Draft	NOS Systemic Therapies: FST08: Intervene in patterns	9 pp	MSWord
Draft	NOS Systemic Therapies: FST09: Work towards solutions & possibilities	7 pp	MSWord
Draft	NOS Systemic Therapies: FST10: Use resources of team	8 pp	MSWord
Draft	NOS Systemic Therapies: FST11: Exploring cultural differences	8 pp	MSWord
Draft	NOS Systemic Therapies: FST12: Intersessional tasks	7 pp	MSWord
Draft	NOS Systemic Therapies: FST13: Monitoring & review process	8 pp	MSWord
Draft	NOS Systemic Therapies: FST14: Managing the end	9 pp	MSWord

#### **UK 'Skills for Health': Mental Health Competencies**

Skill for Health	NOS Mental Health competencies (MH1 - MH101)	225 pp	PDFs
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#### **British Psychological Society: Functional Competencies of Clinical Psychology**

BPS	Professional Practice Guidelines 1995	44 pp	PDF
BPS	Core Competencies - A Guide	10 pp	PDF
BPS	Clinical Psychology 1: Key Purpose Statement, Key Roles & Functional Analysis	7 pp	PDF
BPS	Clinical Psychology 2: Key Roles 1	43 pp	PDF
BPS	Clinical Psychology 3: Key Roles 2	77 pp	PDF
BPS	Clinical Psychology 4: Key Roles 3	64 pp	PDF
BPS	Clinical Psychology 4: Key Roles 4	59 pp	PDF

#### **UK National Health Service:**

NHS	NHS Clinical Psychologist, Psychotherapist & Counsellor Job Profiles	15 pp	PDF
NHS	NHS Job Evaluation Handbook	71 pp	PDF

#### **Other Clinical Psychologists**

USASK.CA	Core Competencies: Clinical Psychology: University Saskatchewan	1 pp	HTML
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**Counselling Competencies**

BACP	ENTO - NOS for Counselling	116 pp	PDF
	ENTO Sector Qualification Strategy 2007	30 pp	PDF

**Coaching Competencies**

ICF	ICF Professional Coaching Core Competencies	4 pp	PDF
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**Miscellaneous**

FYI	AP(E)L: Accreditation of Prior (Experiential) Learning	2 pp	MSWord
FYI	Competency Dictionary	6 pp	MSWord
FYI	EATA: Transactional Analysis Functional Competencies	2 pp	MSWord
FYI	EATA: Core Competencies: Four Fields of Specialisation	14 pp	PDF
FYI	EFPA Training Standards for Psychologists specialising in Psychotherapy	3 pp	MSWord
FYI	The Effectiveness of Psychotherapy: Martin Seligman	9 pp	PDF
IFBLS	International Federation of Biomedical Laboratory Science: Core Competencies	1 pp	Website
CompHP	Developing pan-European competency based professional standards and accreditation framework for health professionals	21 pp	Powerpoint





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